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Last Updated: September 2017

EDUCATION	UTAH STATE UNIVERSITY, Logan, UT (Fully APA-Accredited) Ph.D., Clinical/Counseling/School Psychology (Adult Clinical Emphasis) , August 2004 UNIVERSITY OF UTAH, Salt Lake City, UT M.S., Educational Psychology (Counseling) , May 2001 WESTMINSTER COLLEGE, Salt Lake City, UT B.S., Summa Cum Laude, Psychology , May 1997
PROFESSIONAL EXPERIENCE	METROPOLITAN STATE UNIVERSITY, Saint Paul, MN Associate Professor of Psychology , August 2009 - present METROPOLITAN STATE UNIVERSITY, Saint Paul, MN Assistant Professor of Psychology , August 2006 - August 2009 UNIVERSITY OF WISCONSIN, Madison, WI Adjunct Associate Research Professor of Counseling Psychology , April 2013- present STATE UNIVERSITY OF NEW YORK AT FREDONIA, Fredonia, NY Assistant Professor of Psychology , August 2004 - August 2006 INDIANA UNIVERSITY SCHOOL OF MEDICINE, Indianapolis, IN Clinical Psychology Intern , September 2003 - August 2004 INDIANA UNIVERSITY-PURDUE UNIVERSITY AT INDIANAPOLIS, Indianapolis, IN Adjunct Instructor, Psychology , September 2003 - May 2004 UTAH STATE UNIVERSITY, Logan, UT Research Assistant , September 2000 - May 2003 UTAH STATE UNIVERSITY, Logan, UT Adjunct Instructor, Psychology , January 2002 - Summer 2003 UNIVERSITY OF UTAH, Salt Lake City. UT Adjunct Instructor, Psychology September 1999 - May 2000 VALLEY MENTAL HEALTH: Research Unit, Salt Lake City, UT Research Specialist , February 1999 to August 1999
COURSES TAUGHT	Abnormal Psychology Psychopathology (graduate) Research Methods

Introduction to Clinical Psychology
 Introduction to Counseling
 Introduction to Psychology
 Behavior Disorders in Children
 Health Psychology
 Psychological Testing
 Career Planning and Assessment

PROFESSIONAL AFFILIATIONS

Association for Psychological Science
 Healthy Skepticism
 Society for a Science of Clinical Psychology
 Minnesota Psychological Association

PUBLICATIONS

- Spielmanns, G. I., Olson, S., & Keicher, R. M. (2017). "Salami slicing" in pooled analyses of second-generation antipsychotics for the treatment of depression. *Psychotherapy and Psychosomatics*, 86, 171-172. ([Preview](#)) ([Supplemental Data](#)).
- Deacon, B. J., & Spielmanns, G. I. (2017). Overestimating the efficacy of antidepressant and antipsychotic medications. In Lilienfeld, S. O., & Waldman, I. D. (Eds.), *Psychological science under scrutiny: Recent challenges and proposed remedies*. New York: John Wiley and Sons.
- Spielmanns, G. I. (2015). When marketing met science: Evidence regarding modern antidepressants and antipsychotic medications. *The Behavior Therapist*, 38(7), 199-205. ([Full Text](#))
- Spielmanns, G. I., & Kirsch, I. (2015). Antidepressant research controversies. *Encyclopedia of Clinical Psychology*, 1-6.
- Spielmanns, G. I., & Gerwig, K. (2014). The efficacy of antidepressants on overall well-being and self-reported depression symptom severity in youth: A meta-analysis. *Psychotherapy and Psychosomatics*, 83(3), 158-164. ([Abstract](#))
- Spielmanns, G. I., & Kirsch, I. (2014). Drug approval and drug effectiveness. *Annual Review of Clinical Psychology*, 10, 741-766. ([Full Text](#))
- Spielmanns, G. I. (2013). Commentator on: Evidence-based psychotherapies are more effective than usual care for young people with psychopathology: Effects are influenced by location of care and participant characteristics. *Evidence-Based Mental Health*, 17, 3.
- Del Re A. C., Spielmanns G. I., Flückiger C., Wampold B. E. (2013). Efficacy of new generation antidepressants: Differences seem illusory. *PLoS ONE*, 8(6), e63509. ([Full Text](#))
- Spielmanns, G. I., Berman, M. I., Linardatos, E., Rosenlicht, N. Z., Perry, A., & Tsai, A. C. (2013). Adjunctive atypical antipsychotic treatment for major depressive disorder: A meta-analysis of depression, quality of life, and safety outcomes. *PLoS Medicine*, 10(3), e1001403. ([Full Text](#))
- Spielmanns, G. I., Benish, S. Marin, C., Bowman, W., Menster, M., & Wheeler, A. J. (2013). Specificity of psychological treatments for bulimia nervosa and binge eating disorder? A meta-analysis of direct comparisons. *Clinical Psychology Review*, 33(3), 460-469. ([Abstract](#))
- Spielmanns, G. I., Jureidini, J., Healy, D., & Pursey, R. (2013). Inappropriate data and measures lead to questionable conclusions. *JAMA Psychiatry*, 70(1), 121-122. See our rebuttal to study authors' responses at: <http://bit.ly/11TGBTO>.
- Marks, D. M., Abramowitz, J. S., & Spielmanns, G. I. (2012). Concerns about data reporting and interpretation in "Efficacy and tolerability of the novel triple reuptake inhibitor amitifadine in the treatment of patients with major depressive disorder: A randomized, double-blind, placebo-controlled trial." *Journal of Psychiatric Research*, 46(5), 692-693.

- Spielmanns, G. I. (2012). Unimpressive efficacy and unclear safety assessment of epidural cortical stimulation for refractory major depressive disorder. *Neurosurgery*, 70(1), e268-269.
- Allen, D. M., Parry, P. I., Purssey, R., Spielmanns, G. I., Jureidini, J., Rosenlicht, N. Z., Healy, D., Feinberg, I. (2012). BRIDGE study warrants critique. *Archives of General Psychiatry*, 69(6), 643-645. See critique of BRIDGE authors' response at: <http://bit.ly/MIwgQ8>.
- O'Dell, K. R., Masters, K. S., Spielmanns, G. I., & Maisto, S. A. (2011). Does type-D personality predict outcomes among patients with cardiovascular disease? A meta-analytic review. *Journal of Psychosomatic Research*, 71(4), 199-206. ([Abstract](#))
- Tsai, A. C., Rosenlicht, N. Z., Jureidini, J. N., Parry, P. I., Spielmanns, G. I., & Healy, D. (2011). Aripiprazole in the maintenance treatment of bipolar disorder: A critical review of the evidence and its dissemination into the scientific literature. *PLoS Medicine*, 8(5), e1000434. ([Full Text](#))
- Spielmanns, G. I., Berman, M. I., & Usitalo, A. N. (2011). Psychotherapy versus second generation antidepressants in the treatment of depression: a meta-analysis. *Journal of Nervous and Mental Disease*, 199(3), 142-149. ([Abstract](#))
- Masters, K. S., Spielmanns, G. I., LaCaille R. A., Goodson, J. T., Larsen, B. T., Heath, E. M., & Knestel, A. (2011). Effects of home exercise on immediate and delayed affect and mood among rural individuals at risk for type 2 diabetes. *Journal of Social, Behavioral, and Health Sciences*, 5, 1-31. ([Abstract](#))
- Spielmanns, G. I. (2010). False conclusions regarding duloxetine's purported efficacy in pain among depressed patients. *Psychiatria Danubina*, 22(4), 550. ([Full Text](#))
- Spielmanns, G. I., & Parry, P. I. (2010). From evidence-based medicine to marketing-based medicine: Evidence from internal industry documents. *Journal of Bioethical Inquiry*, 7(1), 13-29. ([Abstract](#)) ([Full Text](#))
- Spielmanns, G. I., Gatlin, E. T., & McFall, J. P. (2010). The efficacy of evidence-based psychotherapies versus usual care for youths: controlling confounds in a meta-reanalysis. *Psychotherapy Research*, 20(2), 234-246. ([Abstract](#))
- Spielmanns, G. I., Biehn, T. L., Sawrey, D. L. (2010). A case study of salami slicing: Pooled analyses of duloxetine for depression. *Psychotherapy and Psychosomatics*, 79(2), 97-106. ([Abstract](#))
- Spielmanns, G. I. (2009). The promotion of olanzapine in primary care: An examination of internal industry documents. *Social Science & Medicine*, 69(1), 14-20. ([Abstract](#))
- Michael, K. D., Furr, R. M., Masters, K. S., Collett, B. R., Spielmanns, G. I., Ritter, K., Veeder, M. A., Treiber, K., & Cullum, J. L. (2009). Using the MMPI-2 to predict symptom reduction during psychotherapy in a sample of community outpatients. *Journal of Contemporary Psychotherapy*, 39(3), 157-163. ([Abstract](#))
- Spielmanns, G. I. (2009). Questionable tolerability of tiagabine in generalized anxiety disorder. *Journal of Clinical Psychopharmacology*, 29(3), 314.
- DeBerard, M. S., LaCaille, R. A., Spielmanns, G. I., Colledge, A., & Parlin, M. A. (2009). Outcomes and presurgery correlates of lumbar discectomy in Utah Workers' Compensation patients. *Spine Journal*, 9(3), 193-203. ([Abstract](#))
- Spielmanns, G. I., Thielges, S. A., Dent, A. L., & Greenberg, R. P. (2008). The accuracy of psychiatric medication advertisements in medical journals. *Journal of Nervous and Mental Disease*, 196(4), 267-273. ([Full text](#))
- Spielmanns, G. I. (2008). Duloxetine does not relieve painful physical symptoms in depression: A meta-analysis. *Psychotherapy and Psychosomatics*, 77(1), 12-16. ([Full text](#))

- Masters, K. S., & Spielmans, G. I. (2007). Prayer and health: Review, meta-analysis, and research agenda. *Journal of Behavioral Medicine*, 30(4), 329-338. ([Abstract](#))
- Spielmans, G. I., & Gatlin, E. T. (2007). Posttraumatic stress disorder and cognitive behavioral therapy: Comment. *Journal of the American Medical Association*, 297(24), 2694. ([Full text](#))
- Spielmans, G. I., Pasek, L. F., & McFall, J. P. (2007). What are the active ingredients in cognitive and behavioral psychotherapy for anxious and depressed children? A meta-analytic review. *Clinical Psychology Review*, 27(5), 642-654. ([Abstract](#))
- Masters, K. S., Stillman, A. M., & Spielmans, G. I. Specificity of social support for back pain patients: Do patients care who provides what? (2007). *Journal of Behavioral Medicine*, 30(1), 11-20. ([Abstract](#))
- Spielmans, G. I., Masters, K. S., & Lambert, M. J. (2006). A comparison of rational versus empirical methods in the prediction of psychotherapy outcome. *Clinical Psychology and Psychotherapy*, 13(3), 202-214. ([Abstract](#))
- Spielmans, G. I., & McFall, J. P. (2006). A comparative meta-analysis of Clinical Global Impressions change in antidepressant trials. *Journal of Nervous and Mental Disease*, 194(11), 845-852. ([Abstract](#))
- Masters, K. S., Spielmans, G. I., & Goodson, J. T. (2006). Are there demonstrable effects of distant intercessory prayer? A meta-analytic review. *Annals of Behavioral Medicine*, 31(4), 337-342. ([Abstract](#))
- DeBerard, M. S., Spielmans, G. I., & Julka, D. (2004). Predictors of academic achievement and retention among college freshmen: A longitudinal study. *College Student Journal*, 38(1), 66-80. ([Abstract](#))
- Spielmans, G. I. (2004). Efficacy of sertraline in the treatment of children and adolescents with major depressive disorder: Comment. *Journal of the American Medical Association*, 291(1), 41. ([Full text](#))
- Spielmans, G. I. (2002). St. John's Wort and depression: Comment. *Journal of the American Medical Association*, 288(4), 448-449. ([Full text](#))

PRESENTATIONS

- Spielmans, G. I. (2016, April). *Psychotropic medications: What you need to know about marketing and misinformation versus science*. Paper presented at the 80th annual Minnesota Psychological Association Convention, Plymouth, MN.
- Spielmans, G. I. (2016, January). *Marketing, misinformation, and magic: Deciphering the evidence on psychiatric medications*. Invited address at the MN State University Counselors Association Conference, St. Cloud State University, St. Cloud, MN.
- Spielmans, G. I. (2014, November; 2010, February; 2008, June). *Marketing and misinformation versus science: What psychologists need to know about psychotropic medications*. Friday Forum Presentation sponsored by the Minnesota Psychological Association Education and Training Committee, St. Paul, MN
- Spielmans, G. I. (2010, August). *Marketing-based medicine: What internal industry documents reveal about "evidence-based" psychopharmacology*. Paper presented at the annual convention of the American Psychological Association, San Diego, CA. ([Handout](#))
- Spielmans, G. I., Froemming, M., Eggen, J. (2010, August). *Specific ingredients for treating GAD and panic disorder? A meta-analysis*. Poster presented at the annual convention of the American Psychological Association, San Diego, CA.
- Parry, P. I., & Spielmans, G. I. (2009, September). *What do internal industry documents say about the manipulation of drug trials?* Poster presented at the Faculty of Child and Adolescent Psychiatry of the Royal Australian and New Zealand College of Psychiatrists.

- Spielmanns, G. I., Berman, M. I., & Usitalo, A. N. (2009, August). *Psychotherapy versus newer antidepressants in the treatment of depression: A meta-analysis*. Poster presented at the annual convention of the American Psychological Association, Toronto, ON, Canada.
- Spielmanns, G. I., Benish, S., Marin, C., Bowman, W., Menster, M., & Wheeler, A. J. (2009, August). *Psychological treatment specificity for eating disorders? A meta-analysis of comparative trials*. Poster presented at the annual convention of the American Psychological Association, Toronto, ON, Canada.
- Parry, P. & Spielmanns, G. I. (2009, May). *What do the Zyprexa (and other) documents say about industry sponsored CME?* Paper presented at the Royal Australian and New Zealand College of Psychiatrists Congress. ([Handout](#))
- Spielmanns, G. I., Gatlin, E. T., & McFall, J. P. (2008, August). *Evidence-based treatment versus usual care: A meta-re-analysis*. Poster presented at the annual convention of the American Psychological Association, Boston, MA.
- Spielmanns, G. I., Wheeler, A. J., Kennedy-Suttle, A. (2008, August). *Specificity of psychological treatments for headache? A meta-analysis*. Poster presented at the annual convention of the American Psychological Association, Boston, MA.
- Thompson, E. C., Masters, K. S., & Spielmanns, G. I. (2008), March). *Psychological predictors of success in bariatric surgery patients: A meta-analytic review*. Paper presented at the annual convention of the Society of Behavioral Medicine, San Diego, CA.
- DeBerard, M. S., LaCaille, R. A., Spielmanns, G. I., Parlin M. A., Gundy J., & Grewe J. (2008, March). *Patient satisfaction with the Utah Workers' Compensation system following lumbar discectomy: A validity study*. Poster presented at the annual convention of the Society of Behavioral Medicine, San Diego, CA.
- Spielmanns, G. I. *Duloxetine for pain in depression: A meta-analysis*. (2007, August). Paper presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Spielmanns, G. I., Thielges, S. A., Dent, A. L. & Greenberg, R. P. (2007, August). *The accuracy of psychiatric drug advertisements in medical journals*. Paper presented at the annual convention of the American Psychological Association, San Francisco, CA.
- DeBerard, M. S., LaCaille, R., Spielmanns, G. I., Goodson, J. T., & Masters, K. S. (2007, March). *Presurgical biopsychosocial variables predict medical and compensation costs of lumbar discectomy in Utah Worker's Compensation patients*. Poster presented at the annual convention of the Society of Behavioral Medicine. Washington, DC.
- Spielmanns, G. I., Pasek, L. F., & Erbacher, M. K. (2006, August). *Specificity of CBT for adult anxiety disorders? A meta-analysis*. Poster presented at the annual convention of the American Psychological Association, New Orleans, LA.
- Spielmanns, G. I., Pasek, L. F., & McFall, J. P. (2006, August). *Specificity of CBT for depressed and anxious youth? A meta-analysis*. Poster presented at the annual convention of the American Psychological Association, New Orleans, LA.
- Spielmanns, G. I., Masters, K. S., & Lambert, M. J. (2005, August). *A comparison of rational and empirical methods in the prediction of psychotherapy outcome*. Paper presented at the annual convention of the American Psychological Association, Washington, DC.
- Spielmanns, G. I., Masters, K. S., Larsen, B. T., Goodson, J. T., & Knestel, A. (2005, August). *Time of measurement effects: Findings related to exercise-*

- induced mood*. Poster presented at the annual convention of the American Psychological Association, Washington, DC.
- Spielmanns, G. I., & McFall, J. P. (2005, August). *A comparative meta-analysis of Clinical Global Impressions Scale change in antidepressant trials*. Poster presented at the annual convention of the American Psychological Association, Washington, DC.
- Masters, K. S., Spielmanns, G. I., & Goodson, J. T. (2005, August). *Meta-analytic review of distant intercessory prayer studies*. Poster presented at the annual convention of the American Psychological Association, Washington, DC.
- Masters, K. S., Spielmanns, G. I., Larsen, B. T., Goodson, J. T., & Knestel, A. (2005, April). *Telephone vs. mail interventions during exercise adoption among rural adults at risk for type 2 diabetes: Effects on mood, physiology, and adherence*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
- Michael, K. D., Furr, R. M., Masters, K. S., Collett, B. R., & Spielmanns, G. I. (2004, July). *Predicting clinically significant change in psychotherapy: The utility of the MMPI-2*. Paper presented at the annual convention of the American Psychological Association, Honolulu, HI.
- DeBerard, M. S., LaCaille, R. A., Spielmanns, G. I., Jennings, R. D., Allen, C. A., Bentley, C. G., & Goodson, J. T. (2004, March). *Pre-surgical biopsychosocial variables predict long term lumbar discectomy outcomes in injured workers*. Poster presented at the annual meeting of the American Psychosomatic Association, Orlando, FL.
- Spielmanns, G. I., & Mickelson, K. L. (2003, May). *Meta-analysis of cognitive and behavioral therapies for generalized anxiety disorder: Implications for efficacy and outcome assessment*. Poster presented at the annual meeting of the Western Psychological Association, Vancouver, BC, Canada.
- Masters, K. S., & Spielmanns, G. I. (2003, May). *Religious orientation, age, and anger experience: A multivariate analysis*. Poster presented at the annual meeting of the Western Psychological Association, Vancouver, BC, Canada.
- Masters, K. S., Heath, E. M., Spielmanns, G. I., Clark, K. N., & Van Langeveld, E. (2002, May). *Effect of a 12-week exercise program on adherence and mood in treadmill and no-treadmill groups*. Paper presented at the annual meeting of the American College of Sports Medicine, St. Louis, MO.

OTHER WRITINGS

- Regular writer of research updates for *The Carlat Psychiatry Report* from September 2008 - December 2011
- Research update for *The Carlat Child Psychiatry Report* in December 2010
- Occasional research updates for *The Carlat Report: Behavioral Health*
- Spielmanns, G. I. (2017). Rise of the American ADHD epidemic: A review of *ADHD Nation* by Alan Schwarz. *PsycCritiques*, 62(7).
Abstract: <http://dx.doi.org/10.1037/a0040732>
- Spielmanns, G. I. (2015). Questionable marketing tactics are a major problem with pharma. *Pharmaceutical Journal*. Available: <http://bit.ly/1PD4Fn0>
- Spielmanns, G. I. (2015). Atypical antipsychotics: Overrated and overprescribed. *Pharmaceutical Journal*, 294. Available: <http://bit.ly/1A74HWU>
- Spielmanns, G. I. (2014). Overview of the FDA Drug Approval Process. *The Carlat Psychiatry Report*, 12(8).
- Spielmanns, G. I. (2014). Re: Changes in antidepressant use by young people and suicidal behavior after FDA warnings and media coverage: quasi-experimental study. Response online to article in BMJ. Available: <http://bit.ly/WdqYGW>

- Spielmann, G. I. (2013). Op-ed: Antidepressants and controversial studies. *Pharmalot*. Available: <http://bit.ly/1cDCRHl>.
- Spielmann, G. I. (2012). Cognitive-behavioral therapy versus medications for depression. *The Carlat Behavioral Health Report*, 1(1).
- Spielmann, G. I. (2011). Antidepressants versus psychotherapy for depression. *The Carlat Psychiatry Report*, 9(10).
- Spielmann, G. I. (2009). Panic disorder, social phobia, and OCD: Is cognitive-behavioral therapy still the best? *The Carlat Psychiatry Report*, 7(11).
- Spielmann, G. I. (2009). L-methylfolate for depression: The real deal? *The Carlat Psychiatry Report*, 7(6).
- Spielmann, G. I. (2008). Cymbalta for physical pain in depression: Fact or fiction? *The Carlat Psychiatry Report*, 6(12).

Note: Under Faculty-Student Research, Metropolitan State Student names are in bold; SUNY-Fredonia student names are underlined

FACULTY-
STUDENT
RESEARCH

- Spielmann, G. I., **Olson, S., Keicher, R. M.** (2017). Salami slicing in pooled analyses of second-generation antipsychotics for the treatment of depression. Published in *Psychotherapy and Psychosomatics*.
- Spielmann, G. I., & **Reinhart, A.** (in progress). Promotion of atypical antipsychotics in primary care via medical journal articles. Manuscript in preparation.
- Spielmann, G. I., & **Gerwig, K.** (2014). The efficacy of antidepressants on overall well-being and self-reported depression symptom severity in youth: A meta-analysis. Published in *Psychotherapy and Psychosomatics*.
- Spielmann, G. I., Benish, S., **Marin, C.**, Bowman, W., Menster, M., & **Wheeler, A. J.** (2013). Specificity of psychological treatments for bulimia nervosa and binge eating disorder? A meta-analysis of direct comparisons. Presented at APA and published in *Clinical Psychology Review*.
- Spielmann, G. I., Berman, M. I., Linardatos, E., Rosenlicht, N. Z., **Perry, A.**, & Tsai, A. C. (2013). Adjunctive atypical antipsychotic treatment for major depressive disorder: A meta-analysis of depression, quality of life, and safety outcomes. Published in *PLoS Medicine*.
- Spielmann, G. I., & **Gatlin, E. T.** (2007). *Present-centered therapy versus CBT for PTSD: Comment*. Published in *JAMA*.
- Spielmann, G. I., **Gatlin, E. T.**, & McFall, J. P. "Evidence based treatment" versus "usual care" for children and adolescents: A meta-re-analysis. Presented at APA and published in *Psychotherapy Research*.
- Spielmann, G. I., **Wheeler, A. J.**, & **Kennedy-Suttle, A.** Specificity of psychological treatments for headache? A meta-analysis. Presented at APA.
- Spielmann, G. I., **Biehn, T. L.**, & **Sawrey, D.** A case study of salami slicing: Pooled analyses of duloxetine for depression. Published in *Psychotherapy & Psychosomatics*.
- Spielmann, G. I., Berman, M. I., & **Usitalo, A. N.** Psychotherapy versus newer antidepressants in the treatment of depression: A meta-analysis. Presented at APA and published in *Journal of Nervous and Mental Disease*.
- Spielmann, G. I., **Froemming, M.**, **Eggen, J.** Specific ingredients for treating GAD and panic disorder? A meta-analysis. Presented at APA. Further data analysis in progress.
- Thielges, S. A., Dent, A. L., & Spielmann, G. I. (2007, April). *The accuracy of psychiatric drug advertisements in medical journals*. Paper presented at the Western Pennsylvania Undergraduate Psychology Conference, Grove City, PA. Also published in *Journal of Nervous and Mental Disease*.
- Erbacher, M. K., Strasser, C., & Spielmann, G. I. (2007, April). *The effects of television commercials with varying body model types on female body*

- dissatisfaction*. Poster presented at the Western Pennsylvania Undergraduate Psychology Conference, Grove City, PA
- Pasek, L. F., Erbacher, M. K., & Spielmans, G. I. (2006, April). *Is CBT the most efficacious treatment for adult anxiety disorders?* Poster presented at the Western Pennsylvania Undergraduate Psychology Conference, Erie, PA. Also presented at APA.
- McFall, I. P., & Spielmans, G. I. (2005, April). *A comparative meta-analysis of Clinical Global Impressions Scale change in antidepressant trials*. Poster presented at the Western Pennsylvania Undergraduate Psychology Conference, Pittsburgh, PA. Also presented at APA and published in *Journal of Nervous and Mental Disease*.
- Pasek, L. F., McFall, I. P., & Spielmans, G. I. (2005, April). *A comparative meta-analysis of CBT vs. other treatments for childhood depression and anxiety disorders*. Western Pennsylvania Undergraduate Psychology Conference, Pittsburgh, PA. Also presented at APA and published in *Clinical Psychology Review*.

GRANTS RECEIVED

- Metropolitan State University Professional Development Grant, March 2010: \$700
- Metropolitan State University Professional Development Grant, March 2009: \$700
- Metropolitan State University Professional Development Grant, March 2008: \$700
- Minnesota State Colleges and Universities Initiative to Promote Excellence in Student Learning, Summer 2007: *Enhancement of student learning in critical thinking, applied mathematics, and scientific reasoning*. \$8024
- Metropolitan State University Professional Development Grant, March 2007: \$1000
- SUNY Fredonia Scholarly Incentive Award, 2005-2006: *The accuracy of psychiatric drug advertisements in medical journals*. \$500
- SUNY Learning Network Development Grant: *Abnormal Psychology* (Online Course Development). \$400

DISSERTATION

- Spielmans, G. I. (2004). *A comparison of rational versus empirical methods in the prediction of psychotherapy outcome*.

PROFESSIONAL SERVICE

- Editorial board, *Carlat Psychiatry Report*, September 2008-present
- Research updates section editor, *Carlat Psychiatry Report*, September 2008-2014
- Research updates section editor, *Carlat Behavioral Health Report*, August 2013-August 2014
- Editorial board, *Carlat Behavioral Health Report*, January 2012-August 2014
- Review board, *Spine*
- Ad-hoc reviewer, *Journal of Behavioral Medicine*
- Ad-hoc reviewer, *Psychotherapy and Psychosomatics*
- Ad-hoc reviewer, *Psychotherapy Research*
- Ad-hoc reviewer, *Journal of Clinical Psychology*
- Ad-hoc reviewer, *Clinical Psychology Review*
- Ad-hoc reviewer, *Archives of General Psychiatry*
- Ad-hoc reviewer, *PLoS Medicine*
- Ad-hoc reviewer, *Journal of Psychosomatic Research*
- Ad-hoc reviewer, *BMJ Open*
- Ad-hoc reviewer, *Human Psychopharmacology*
- Ad-hoc reviewer, *Depression and Anxiety*
- Ad-hoc reviewer, *Psychiatry Research*
- Ad-hoc reviewer, *Journal of Clinical Psychopharmacology*

Ad-hoc reviewer, *Neuropsychiatric Disease and Treatment*
 Ad-hoc reviewer, *BMC Psychiatry*
 Ad-hoc reviewer, *Social Science Journal*
 Ad-hoc reviewer, *Contemporary Clinical Trials*
 Ad-hoc reviewer, *The Open General and Internal Medicine Journal*
 Ad-hoc reviewer, *International Journal of the Psychology of Religion*
 Ad-hoc reviewer, *Journal of Nervous and Mental Disease*
 Ad-hoc reviewer, *Journal of Clinical Psychology in Medical Settings*
 Ad-hoc reviewer, *General Hospital Psychiatry*
 Ad-hoc reviewer, *Journal of Bioethical Inquiry*
 Ad-hoc reviewer, *Journal of Traumatic Stress*
 Ad-hoc reviewer, *Pharmacy Practice*
 Ad-hoc reviewer, *Psychology of Consciousness: Theory, Research, and Practice*
 Ad-hoc reviewer, *Journal of Child Psychology and Psychiatry*
 Ad-hoc reviewer, *PLoS One*
 Ad-hoc reviewer, *Journal of Depression and Anxiety*
 Ad-hoc reviewer, *Philosophy, Psychiatry, & Psychology*
 Ad-hoc reviewer, *Medical Principles and Practice*
 Ad-hoc reviewer, *Neuroscience Bulletin*
 Ad-hoc reviewer, *Psychology Research and Behavior Management*
 Ad-hoc reviewer, *Patient Preference and Adherence*
 Ad-hoc reviewer, *Nature and Science of Sleep*
 Ad-hoc reviewer, *Drug Design, Development and Therapy*
 Textbook reviewer (Abnormal Psychology), Prentice Hall
 Textbook reviewer (Abnormal Psychology), Wiley
 Textbook reviewer (Introductory Psychology), Wadsworth
 Book reviewer (The Heart and Soul of Change, 2nd edition), American Psychological Association
 Minnesota Psychological Association Education & Training Committee, August 2013-present

CAMPUS
SERVICE

IFO Council Representative, 2008 - 2010
 IFO Grievance Officer, 2013-2015
 IFO Faculty Issues Committee, 2017-2018
 Library Committee, 2006-2007, 2010-2011
 Chair, Library Committee, 2007-2008, 2008-2009, 2009-2010
 Search committee, Interim Dean, College of Community Studies and Public Affairs, 2016
 College of Professional Studies Tenure Task Force, 2007-2008, 2008-2009
 College of Professional Studies Tenure Committee, 2009-2010
 Academic Steering Committee, 2007-2008, 2008-2009, 2009-2010
 Academic Appeals Committee, 2006-2007
 Chair, Academic Appeals Committee, 2013-2014
 Chair, Psychology Faculty Search Committee, 2009-2010
 Psychology Faculty Search Committee, 2006-2007; 2007-2008
 Graduate Program Committee, Psychology, 2006 - 2007
 Keynote speaker, Second Annual Psychology Research Colloquium, March 2012, Metropolitan State University
 Guest speaker, Information Sciences 315 (Searching for Information: Personal Health): Evidence-Based vs. Marketing-Based Medicine, October 2013
 McNair Student Research Mentor (S. A. Thielges), Summer 2006
 Faculty Senate, SUNY-Fredonia, Fall 2005 - Spring 2006
 Chair, Clinical/Counseling Search Committee, 2005-2006
 Student Recruitment Committee, Psychology Department, Fall 2004 - Spring 2006
 Student Merit Committee, Psychology Department, 2004 - 2005
 Reed Library Advisory Committee, Spring 2005 - Spring 2006

Speaker, Psi Chi Induction Banquet, May 2005

RELEVANT
ACTIVITIES

Attendee, Workshop: Designing Courses for More Significant Student Learning, SUNY-Fredonia, May 2005.
Panelist, Metropolitan State University Spring Faculty Conference, April 2007
Attendee, Psychology Discipline Workshop, Minnesota State Colleges and Universities, April 2013

CLINICAL
EXPERIENCE

INDIANA UNIVERSITY SCHOOL OF MEDICINE, Indianapolis, IN

Clinical Psychology Intern, September 2003 – August 2004

- Conducted individual psychotherapy with clients in specialty outpatient anxiety and mood disorder clinic
- Provided structured group therapy for clients with social phobia
- Performed individual psychotherapy and milieu treatment with psychiatric inpatients
- Supervised graduate students in area of child psychological assessment
- Provided psychotherapy for children and adolescents in child psychiatry clinic
- Conducted psychological assessments for adults, adolescents, and children

UTAH STATE UNIVERSITY PSYCHOLOGY COMMUNITY CLINIC, Logan, UT

Practicum Therapist, August 2000 – May 2003

- Provided individual psychotherapy to adult, adolescent, and child clients with varying concerns
- Conducted psychological assessments for all ages
- Provided parent training for parents of children with behavior disorders

UTAH STATE UNIVERSITY COUNSELING CENTER, Logan, UT

Practicum Therapist, August 2002 – May 2003

- Provided individual psychotherapy to clients presenting with different concerns
- Conducted psychological assessments
- Provided career counseling

BRIGHAM CITY COMMUNITY HOSPITAL: Cardiac Rehab Unit, Brigham City, UT

Health Psychology Practicum Therapist, May – August 2002

- Conducted intake assessments
- Designed and executed diet and exercise interventions with cardiac rehabilitation patients
- Provided individual stress management interventions

UNIVERSITY OF UTAH COUNSELING CENTER, Salt Lake City, UT

Counseling Intern, August 1999 – May 2000

- Provided individual psychotherapy
- Performed individual career counseling
- Attended weekly workshops on cultural diversity, psychotherapy and training issues

Orange Street Community Correctional Center, Salt Lake City, UT

Therapist, August 1997 – August 1998

- Conducted psychoeducational and skill development groups for mentally ill offenders
- Performed individual behavior management
- Developed psychoeducational and skill development group curricula
- Conducted intake assessments

VALLEY MENTAL HEALTH: Forensic Unit, Salt Lake City, UT

Case Manager, August 1996 – August 1997

- Facilitated utilization of community resource and entitlement programs for mentally ill offenders
- Conducted individual meetings to ensure client progress toward goals
- Co-facilitated an aftercare group focused on meeting client goals

HONORS AND
AWARDS

- Guiding, Empowering, and Mentoring Success Mentorship Award, 2010
- Psychology Teacher of the Year, SUNY-Fredonia, 2005-2006
- Recipient, Presidential Fellowship, Utah State University, 2000-2001
- Who's Who Among Students in American Colleges and Universities, 1995 - 1997
- Treasurer, Alpha Chi National Honor Society, Westminster College Chapter, 1996 - 1997
- Westminster College Volunteer Service Award, 1994 -1995
- Member, Alpha Chi National Honor Society